



गुरुर्ब्रह्मा गुरुर्विष्णुः गुरुर्देवो महेश्वरः।  
गुरुः साक्षात् परंब्रह्म तस्मै श्रीगुरवे नमः॥

**Guru is Brahma (the Creator), Guru is Vishnu (the Preserver), and Guru is the god Maheshwara (the Destroyer). Unto that Guru who is truly the manifest Parabrahman, I bow down with reverence.**

# Realization

Vol. 12, No. 5

May 2023

An e-magazine of Sri Aurobindo Ashram-Delhi Branch

नरेष्वभीक्षणं मद्भावं पुंसो भावयतोऽचिरात् ।

स्पर्धासूयातिरस्काराः साहंकारा वियन्ति हि ॥२४-१५॥

For him who constantly meditates upon My presence within all persons, the bad tendencies of rivalry, envy and abusiveness, along with false ego, are very quickly destroyed.

- The Uddhava-gita 24-15

**Sri Aurobindo Ashram-Delhi Branch**

Sri Aurobindo Marg, New Delhi 110 016

011-2656 7863; [www.sriurobindoashram.net](http://www.sriurobindoashram.net)

# Ongoing & Forthcoming Events

## May 2023

### Meditation & Satsang venue : Meditation Hall

Monday – Saturday

7 – 7:30 pm

Collective Meditation

### Sunday Meditation & Discourses 10:00 – 11:30 am

May 07	Journey of the Soul (Based on Sri Aurobindo's <i>Savitri</i> , Bk 6, Canto 2, p 459, lines 783-810) Musical offering	Dr. Ramesh Bijlani Aditya & Arunima
May 14	Making the Right Choice Each Moment Musical Offering	Ms. Monica Gulati Mr. Soumyobroto Goswami
May 21	The Three Modes of Nature (Based on Sri Aurobindo's <i>The Synthesis of Yoga</i> : Part 1, Ch 10) Musical offering	Dr. Mankul Goyal Ms. Sowmya Narayanan
May 28	The Divine Intervenes in the Earthly Life of the Divine Musical offering	Dr. Mithu Pal Dr. Mithu Pal

### CLASSES by Shri Prashant Khanna

Fridays: 05,12,19,26	11:30 am– 12:30 pm	Ashram Library	Bhagvad Gita
Sundays: 07,14,21,28	5:30–6:30 pm	Ashram Library	Bhagvad Gita
Saturdays: 06,13,20,27	11:00 am–12 noon	ONLINE	Savitri

Online contact Sri Satya Prakash (+91 88007 61046)

### YES (Yoga, Education & Spirituality) Online Talks on Saturdays

06 May	Attitude Towards Parents and Elders	Acharya Navneet
13 May	A Lecture on the Lecture	Dr. Ramesh Bijlani
20 May	To be announced	Dr. Ratna Sircar
27 May	To be announced	

For queries contact Ms. Arunima Pathak at: <simply.arunima@gmail.com>

Zoom link : <<https://us02web.zoom.us/j/6082144500?pwd=dHJLWUNqcTIJR25JTnBJYzdjVG5OQT09>>

Meeting ID: 608 214 4500; Passcode: 8kPJG6

Scheduled Time: 6 pm IST

## Important Days in the Ashram 2023

29 May Anniversary of Relics Enshrinement at Van Niwas, Nainital

## श्रीस्मृति Sri Smriti

(Memorabilia of the Mother)

OPEN

Tue, Thu: 10am-12noon, 2-4pm

Wed, Fri: 10am-12noon

Sat : 2-4pm

Sun : 11am-1pm

Darshan Days: 10am-3pm

(Monday Closed)

Contact : 2656 7863



## ART FOR ASHRAM, 2023 – EXHIBITIONS

<b>Theme</b>	<b>Timing</b>	<b>Venue</b>
'All Life is Yoga'	10 am–12 noon & 2–4 pm	Prasad Block, Ground Floor
'Divine Signature'	10 am–12 noon & 2–4 pm	Prasad Block, First Floor

Contact 011-2656 7863

## Ashram Library (Knowledge)

**Tuesday to Sunday Timings : 10:00 am – 4:30 pm**  
**(Monday closed) Contact : 011 2656 7863**

## Sri Aurobindo Ashram – Delhi Branch'S SOCIAL MEDIA LINKS

YouTube	:	<a href="https://youtube.com/sriurobindoashramdelhibranch">https://youtube.com/sriurobindoashramdelhibranch</a>
Facebook	:	<a href="http://facebook.com/sriurobindoashramdelhibranch">http://facebook.com/sriurobindoashramdelhibranch</a>
Instagram	:	<a href="https://www.instagram.com/sriurobindoashramdelhibranch">https://www.instagram.com/sriurobindoashramdelhibranch</a>
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Website	:	<a href="http://sriurobindoashram.net/">http://sriurobindoashram.net/</a>
Micro Website	:	<a href="http://sriurobindoashram.net/Mirra100/">http://sriurobindoashram.net/Mirra100/</a>

## The Mother's Integral Health Centre Activities

Phone 88005 52685, <tmihc2000@gmail.com>

### Speciality Clinics – By Appointment Only

Mon-Sat (6 days)	Allopathy- Integral Health	(10:00 am–12:00 noon)
Mon-Sat (6 days)	Physiotherapy	(10:30 am–12:30 pm)
Thursday	Dermatology	(2:30– 3:00 pm)
Thursday	Ophthalmology	(11:00 am–12:00 noon)
Friday	Psychiatry	(1:00 pm–3:00 pm)
Tuesday	Gynaecology	(10:30 am–11:30 am)
Wednesday	Surgery	(10:00 am–12:00 noon)
Mon, Wed, Fri	Homoeopathy (Online only; Call 88005 52685)	(11:00 am–1:00 pm)
Tue, Sat	Ayurveda Consultation	(12:00 noon–3:00 pm)
Mon-Sat (6 days)	Ayurveda Treatment	(10:00 am–4:00 pm)

### Ongoing activities venue: ONLY on SKYPE (ID: tmihc2000)

Monday	4:00–4:45 pm	Vivekachoodamani	Discourse	Dr. Tarun Baveja
Tue/Thu	4:00–4:45 pm	Aparokshanubhuti	Discourse	Dr. Tarun Baveja
Wed/Fri	4:00–4:45 pm	The Supreme Knowledge	Discourse	Dr. Tarun Baveja
Saturday	4:00–4:45 pm	Bhagvad Gita Sadhana	Discourse	Dr. Tarun Baveja

### Physical Practices of Yoga

Mon/Wed/Fri	06:45–07:45 am	Yogasana class	Ms. Priya Gupta
Mon/Wed/Fri	11 am–12 noon	Yogasana class	Ms. Vidya Mundhra
Mon/Wed/Fri	10 am–12 noon	Individual sessions	Shri Deepak Jhamb

**June 2–8 Retreat totally booked ! Hence this additional Retreat. BOOK EARLY**

### Vedanta & Ayurveda Residential Retreat

At Delhi Ashram's Himalayan Centre 'Madhuban' in Kumaon

May 26–June 1, 2023

Activities : Prabhat Pheri/Morning Chantings; Yoga sessions; Basics of Living; Work-life balance, holistic health, harmony & happiness; Ayurvedic Nutrition and Traditional Food; 2 Sessions of Panchakarma; Traditional Games; Meditation; Nature walks; Cultural Evening; Havana;... and a beautiful place to stay !

Resource Persons : Dr. Surinder Katoch & Dr. Mukta Katoch Arora

Contact:91-98117 74751, 91-97111 12609; <khhcayurveda@gmail.com>

Knowledge of the way is not enough – one must tread it, or if one cannot do that, allow oneself to be carried along it. The human vital and physical external nature resist to the very end, but if the soul has once heard the call, it arrives, sooner or later.

\*

When someone is destined for the Path, all circumstances through all the deviations of mind and life help in one way or another to lead him to it. It is his own psychic being within him and Divine Power above that use to that end the vicissitudes both of mind and outward circumstance.

\*

When the soul is meant to go forward and there is an external weakness like that, circumstances do come like that to help the external being against itself – which means that there must be a truly sincere aspiration behind; otherwise it does not happen.

\*

The spiritual destiny always stands – it may be delayed or seem to be lost for a time, but it is never abolished.

\*

For those who have within them a sincere call for the Divine, however the mind or vital may present difficulties or attacks come or the progress be slow and painful, – even if they fall back or fall away from the path for a time, the psychic always prevails in the end and the Divine Help proves effective. Trust in that and persevere – then the goal is sure.

\*

A spiritual opportunity is not a thing that should be lightly thrown away with the idea that it will be all right some other time – one cannot be so sure of the other time. Besides, these things leave a mark and at the place of the mark there can be a recurrence.

\*

All who came here did not come with a conscious seeking for the Divine. It is without the mind knowing it the soul within that brought them here. In your case it was that and the relation your soul had with the Mother. Once here the force of the Divine works upon the human nature till a way is opened for the soul within to come out from the veil. The conscious seeking for the Divine does not by itself prevent the struggle with the ignorance of the nature; it is only self-giving to the Mother that can do that.

\*

When one enters into the true (yogic) consciousness then you see that everything can be done, even if at present only a slight beginning has been made; but a beginning is enough, since the Force, the Power are there. It is not really on the capacity of the outer nature that success depends, (for the outer nature all self-exceeding seems impossibly difficult,) but on the inner being and to the inner being all is possible. One has only to get into contact with the inner being and change the outer view and consciousness from the inner; that is the work of the sadhana and it is sure to come with sincerity, aspiration and patience.

– Sri Aurobindo

## Activities during March 16 – April 15, 2023

### KARUNA DIDI'S BIRTH ANNIVERSARY, 'SWARANJALI', 24, 25 AND 27 MARCH 2023

Karuna Didi's 93<sup>rd</sup> Birth Anniversary was observed through a musical homage and remembrance, christened 'Swaranjali', on 24, 25 and 27 March 2023 at 7 pm each day in the Meditation Hall.

On 24 March, a musical offering of a classical *Bandish* in Raag Sohani, and



Nirguna bhajans was made by Ms. Savani Mudgal. She was accompanied on harmonium by Shri Chetan Nigam and on tabla by Shri Kharak Singh.

On 25 March, a musical offering of a classical *Bandish* in Raag Yaman followed by Mother's bhajans composed by Shri Dilip Kumar Roy, was made by Ms. Sanghamitra Chakraborty. She ended her presentation by singing of Meera bhajans.



On 27 March, Ms. Arundhati

Bhattacharya began her program with Ganesh Vandana followed by a *Bandish* in Raag Puria Dhanashree, and subsequently sang an assortment of Meera, Ram, and Kabir bhajans. She was accompanied by Shri Mihir Natta on Tabla, and on harmonium by Dr. Ravi Pal.



### ICPR LECTURE, 26 MARCH 2023

A talk titled '*Bharatiyata – Rashtranirman ki Anivaryata*' (Indianness – requisite for nation-building) was delivered in the Meditation Hall by Dr. Aparna Roy of Sri Aurobindo Ashram-Delhi Branch. Starting with the personal experience of her recent visit to France, she said that what struck her most was the awe and respect accorded by the French upon someone from India. This places a great responsibility on Indians to make a firm commitment to true Indianness in their own lives. And, being truly Indian means bringing spiritu-



ality to the fore in all aspects of daily living since that is the defining feature of Indian culture. She thereafter delved into the superbly exemplary life of Sri Aurobindo especially in context of his signal contribution to the Freedom Movement through his own sacrifice for the cause and his brilliantly inspiring writings for the groundwork of national resurgence and a firm commitment to the total independence of the motherland, which did come on his 75<sup>th</sup> birth anniversary on 15<sup>th</sup> August 1947. India has a god-given task to lead the world in quest of a greater destiny based on further spiritual evolution of consciousness which alone can provide a lasting solution to the problems confronting humanity.

In the musical offering, which preceded and followed the lecture, Dr. Mithu Pal sang several songs of homage to Sri Aurobindo, and also a Hindi rendering of the celebrated poem by Rabindranath Tagore, “Where the mind is without fear and the head is held high ... Into that heaven of freedom, My Father, let my country awake...”

The talk was organised by Rishihood University, Sonipat, as part of a Lecture-Series on Sri Aurobindo’s thoughts on Nationalism and Swaraj. The series is sponsored by Indian Council of Philosophical Research (ICPR) through a grant to Prof. Sampadananda Mishra, Director, Centre of Human Sciences, Rishihood University, as part of celebrations for the 150<sup>th</sup> Birth Anniversary of Sri Aurobindo and the 75<sup>th</sup> Anniversary of India’s independence.

The talk is available on YouTube. The link is:

<https://www.youtube.com/watch?v=X2GmlREk2w4>

### **CERTIFICATE DISTRIBUTION TO VOCATIONAL TRAINEES, 27 MARCH 2023**

The 2022-23 batch of Vocational Training Courses received their certificates on 27 March 2023. While speaking on the occasion, some awardees voiced their positive gains in the following words: “they learnt how to focus; they learnt to get up early; they learnt to be punctual; they learnt the value of a fixed and well-organised routine; and they learnt to introspect every evening during meditation.” One of them, interestingly, said that the duty he enjoyed the most was serving food in the Dining Hall, and appreciated that he had been told to serve food with love. The awardees thanked the large number of volunteers who had participated in teaching and guiding them. The volunteers, in their turn, mentioned the love and respect they had received from the trainees, their appreciation of the peaceful and spiritually uplifting vibrations of the Ashram, and the self-fulfilment teaching had engendered for them.



## THE MOTHER'S FIRST ARRIVAL IN PONDICHERRY, 29 MARCH 2023

The Mother's first arrival in Pondicherry on 29 March 1914 was observed



in the Ashram with an Invocation for the divine led Presence by Srila Basu, who was accompanied by Jayanthi Ramachandran on the Tanpura and joined by the Ashram choir. Invocation also included a musical rendering of Puja Lal's Sanskrit poem welcoming the Mother to India.

In the evening, Dr. Mithu Pal, accompanied

by Srila on the Tanpura, made a musical offering on the twelve essentials characterized by the twelve petals in the Mother's symbol. The musical offering was interspersed with readings by Jayanthi, who read passages from *Savitri*, from narration of Mother's first meeting with Sri Aurobindo in the words of the Mother, Sri Aurobindo's writing on the, and the Mother's prayer dated 30 March 1914.



## SESSION ON INTEGRAL EDUCATION FOR TEACHERS, 29 MARCH 2023

A group of 10 teachers from G.D. Goenka School, Ranchi, led by their principal, Mr Sunil Kumar, stayed in the Ashram for a few days. During their stay, they had an interactive session with Dr Ramesh Bijlani on orientation to Integral Education. They learnt during the session that physical education should go beyond games and physical fitness; that education of the vital is through art, music, dance and theatre, and therefore these subjects are strictly curricular, not extra-curricular as is commonly believed; that mental education should focus on higher faculties of learning; and that, most importantly, every opportunity should be furnished to inculcate education about the psychic, which he illustrated with a few children's stories.



## SANGEET SANDHYA, 31 MARCH 2023

On 31 March 2023, Shri Ranjan Kumar gave a very soothing violin recital in the Meditation Hall. He was accompanied by Shri Neeraj Kumar on the Tabla. The musical offering ended with the tunes of *Mere man ke andha tamas mein jyotirmaya utaro*, and *Kusum kali sa mera manas, vikasit kar maa, vikasit kar*.



### **SRI AUROBINDO'S ARRIVAL IN PONDICHERRY, 4 APRIL 2023**

Sri Aurobindo's historical arrival in Pondicherry on 4 April 1910 was celebrated with a flute recital by Shri Chetan Joshi, who was accompanied by his disciple, Shri Hari Om Tyagi, and on the Tabla was Shri Shubhendu Das. The flute offering was in Raag Kalyan (now also known as Raag Yaman). Towards the end of the recital, Chetan Joshi ji raised the pace of the musical notes to an incredibly high level. There was also a reading by Tara Didi on the events associated with Sri Aurobindo's departure for and arrival at Pondicherry.



### **FAREWELL TO TEACHERS LEAVING MIRAMBIKA, 5 APRIL 2023**

Three budding teachers who had acquired teaching experience for a few years in Mirambika Free Progress School decided to leave because they had got jobs in schools outside. One of them, Narendra Pasayat, said that when he had joined the Ashram 10 years ago, he had never imagined that he would spend so much time here. He said two remarkable things: during his stay he had never quarrelled with anybody, and he had written a diary everyday. Babita said that it was the covid pandemic that created her opportunity for coming to the Ashram. She said that that she had learnt a lot here, and would continue to learn. Pratima said that her work in the school and her stay in the Ashram had taught her much about life. Tara Didi gave away the certificates of experience to each of them. Speaking on the occasion, Dr



Jayanthy Ramachandran, Principal of the Mirambika Free Progress School, said that she was happy that they would carry the enlightened practices in education that they had learnt here to other schools. Dr Ramesh Bijlani in his comments also emphasized that much of what they had learnt here could be used with profit in schools that did not 'officially' follow the integral approach to education. He focussed on the unique feature of integral education, which he said is psychic education, which is not the same as value education, and then he elucidated how the two are different, and why psychic education is much better.

### **BAISHAKHI, 14 APRIL 2023**

On Baisakhi day, there was a presentation on Gurbani by Dr. Alankar Singh and his team. The event was organised by Dr. Prabhjot Kulkarni.





## **PANCHAKARMA AND WELLNESS, APRIL 2023**

To celebrate 10+ years of the *Panchakarma* Unit of the Ayurvedic section at The Mother's Integral Health Centre, Sri Aurobindo Ashram-Delhi Branch a two days (4 hours each day) programme was conducted on 14 – 15 April, 2023 for 15 participants. Activities included morning *Prabhat Pheri*; Havan and Gita slokas chanting; Ayurvedi Therapies – Head & Foot Massage, Neck & Arms Massage, Shirodhara, Nasyam + Dhumapanam; interactive session on AYSOL (Ayurvedic & Yogic Style of Living); and screening of a video on '10 years of Ayurvedic Department at TMIHC and Success Stories.' The *Havan* on Day 1 was also joined by 16 *Ayurveda*



Students from Chile who were visiting the Ashram that time. Each participant was given one 30 minutes *Panchakarma* Therapy on both days. At the end the *Ayurveda* Department also distributed Free Self-Health Kits to all participants on the second day.

Health professional for the program were: Dr. Surinder Katoch – resource person; Dr. Mukta Katoch – coordinator; and Velayudhan K.M., Zareena Khatoon, and Preeti Braman – therapists. Feedback comments include: “It was amazing, especially Prabhat Pheri, Havana & Lecture by Dr. Katoch” (K.G.); “The camp was very nice. We interacted with each other and understood that we can solve our problems if the mind is stable. I am now feeling happy even staying alone” (J.B.); “It was really good and relaxing” (S.J.)



# THE MARVELLOUSLY INSPIRING LIFE OF SRI AUROBINDO

[Excerpted from published material]

## ANTEDESCENTS

The district of Hooghly in West Bengal — the district that has given to Bengal and to India two such world-famous figures as Raja Rammohan Roy and Ramakrishna Paramahansa — can almost be called the cradle of the Bengali or even of the Indian renaissance. Konnagar is a thickly populated area, almost a small town, in the Hooghly district; situated on the west bank of the river Hooghly (otherwise known as the Bhagirathi), it is about eleven miles to the north of Calcutta. Konnagar is apparently a place of considerable antiquity, for it is mentioned in old Bengali literature. The Mitras and the Ghoses of Konnagar have carved out creditable names for themselves in the political and cultural history of Bengal. Among the many outstanding men who have sprung up from the fertile cultural soil of Konnagar, special mention may be made of Sib Chandra Deb, a leader of the Brahma Samaj movement and one of the great philanthropists of Bengal and, besides, one whose munificence gave Konnagar most of its public institutions; Dr. Trailokyanath Mitra and Raja Digambar Mitra, once well-known figures in Bengal's political life; Raja Dr. Rajendralal Mitra, the famous antiquarian and author of *The Aryan Vernacular of India*; and Mahamahopadhyaya Dinabandhu Nyayaratna, the eminent Sanskrit scholar.

The Ghoses of Konnagar were a no less distinguished family than the Mitras. Perhaps all the Ghoses “*came originally from the Punjab on the Afghan border. The word means ‘fame’, and they were a tribe of the proud warrior caste*”. Krishnadhan Ghose was born in this family about the year 1845, his parents being Kaliprasad Ghose and Kailasabasini Devi, a lady known for her remarkable beauty, her feeling for religion and her exceptional piety. In Krishnadhan's time the family was not in affluent circumstances, and “the family house or palace, a very noble building”, was not far from Calcutta but “quite in ruins”. Nevertheless Krishnadhan, although “living almost entirely by charity of friends”, by his “superhuman perseverance” had a meritorious school and college career. He passed the Entrance Examination of the Calcutta University from the local school in 1858 and then proceeded to the Calcutta Medical College. When he was in his fourth year at the Medical College, he married Swarnalata Devi, aged twelve and the eldest daughter of Rishi Rajnarain Bose, according to the rites of Adi Brahma Samaj. It was the alliance of two authentic and forceful currents in the inner life of Bengal. A contemporary of Michael Madhusudan Dutt, a student of Henry Derozio and David Hare, Rajnarain Bose was an early synthesis of the East and the West, and in the heyday of his hallowed life “represented the high water-mark of the composite culture of the country — Vedantic, Islamic and European.” He has been called “the militant defender of his country, the Olympian champion of truth, the ruthless antagonist to sham”; he was a leader of the Brahma Samaj in its palmiest days, and Devendranath Tagore said of his books: “Whatever falls from the lips of Rajnarain Babu creates a great sensation in the country”; undoubtedly one of the makers of modern Bengal, he is not inaptly described as the “grandfather of Indian nationalism”. At the same time, the fire of spirituality burned steadily within him, and his ardent love for India, his capacity to translate into action the motions of his thought and his sturdy sense of direction into the future were revealed in many creative expressions of friendship, adoration and benevolence...

When Krishnadhan Ghose left Calcutta for Great Britain in 1869 to undergo a course of advanced medical studies, it was his father-in-law's earnest wish that the

young sojourner in the West would not allow himself to be too easily dazzled and denationalised by the civilisation of the Occident! Nevertheless, when Dr. Krishnadhan Ghose returned to India in 1871 with a further degree in Medicine from Aberdeen University, full of honours and bristling with plans for the future, he was a confirmed believer in Western civilisation and wished that India could transform herself, overnight if possible, into another self-confident and puissant and purposeful Britain. But although he was, as a result of his stay in Britain, an agnostic in religion (“My father was a tremendous atheist”, Sri Aurobindo is reported to have said once), this only gave a new edge to his humanism, and he decided to dedicate himself to the unstinted service of the people... With his specialist training and his unwearying commitment to the cause of public health. Dr. Krishnadhan came soon to be acclaimed as one of the most successful civil surgeons of his day.

On his return from Britain, the orthodox sections in Konnagar wanted Krishnadhan — as was the custom in those days and till recently — to go through the ceremony of *prâyascitta* or purification for having crossed the black waters and sojourned in an alien land. Dr. Krishnadhan, however, refused to make this concession to superstitious custom and preferred rather to leave Konnagar for good. He sold away — “for a song” as it were — his ancestral house and property to a local brahmin, turning down a more tempting offer from a relation; the word had been given, and Krishnadhan wouldn’t go back on it! Having thus left the place of his birth, Krishnadhan moved from district to district as the Government Civil Surgeon, endearing himself to the people everywhere by his innumerable acts of charity and benevolence. In Bhagalpur, Rungpur and Khulna — especially in the last place — Dr. Krishnadhan’s name became almost a household word. “Wherever he served,” writes Purani, “he was very popular and highly respected by all. He used to take a very prominent part in civic life, and interested himself in schools, hospitals, municipalities and other public bodies. The people of Khulna afterwards started a school in his name and his photograph was placed in the town hall. It is said that he changed the whole face of the town of Khulna.” Krishnadhan’s generous and uncalculating nature seems to have made him give away without let or hindrance, and individuals and institutions alike benefited by their fruitful association with him. “Keen of intellect, tender of heart, impulsive and generous almost to recklessness, regardless of his own wants but sensitive to the sufferings of others — this was the inventory of the character of Dr. Krishnadhan Ghose.”

Not only was Dr. Krishnadhan a capable Civil Surgeon and a true friend of the people, but he was also agreeably and alertly responsive to the social and literary cross-currents of his day. He took keen interest in the general welfare of the people around him and he evinced — despite the fact that he was “essentially a product of English education and European culture” — a genuine enthusiasm for the works of Bankim Chandra Chatterjee. Being *a persona grata* with European as well as Bengalee society. Dr. Krishnadhan was able to act as a link, a bridge, between the two; and, indeed, he came to be called the “Suez Canal”, for his house served as a common meeting place, day after day, for both Europeans and Bengalees. During the greater part of his active life. Dr. Krishnadhan was also blessed with the companionship of his charming wife, Swarnalata Devi, who was in fact known as the “Rose of Rungpur” during their stay in that district town. It was only in the latter part of her life that she fell a victim to an unfortunate malady that clouded the last years of Dr. Krishnadhan’s life.

– From *Sri Aurobindo: A Biography and a History* by K.R. Srinivasa Iyengar

*To be contd.*

The cosmos is no accident in Time;  
There is a meaning in each play of Chance,  
There is a freedom in each face of Fate.  
A Wisdom knows and guides the mysteried world;  
A Truth-gaze shapes its beings and events;  
A Word self-born upon creation's heights,  
Voice of the Eternal in the temporal spheres,  
Prophet of the seeings of the Absolute,  
Sows the Idea's significance in Form  
And from that seed the growths of Time arise.  
On peaks beyond our ken the All-Wisdom sits:  
A single and infallible look comes down,  
A silent touch from the supernal's air  
Awakes to ignorant knowledge in its acts  
The secret power in the inconscient depths,  
Compelling the blinded Godhead to emerge...  
The world was a conception and a birth  
Of Spirit in Matter into living forms,  
And Nature bore the Immortal in her womb,  
That she might climb through him to eternal life.

–From *Savitri* by Sri Aurobindo

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